

## CLMRG SUGGESTED SUMMER CLASS EQUIPMENT CHECKLIST

### **Summer Class Wednesday Field Sessions:**

Helmet: required for Climbing and Rappelling sessions (UIAA approved)  
Boots, medium weight  
Climbing shoes (optional)  
Shirt, with long sleeves  
Trousers, roomy  
Sun hat  
Sun glasses, with strap  
Watch  
Compass, especially for the Navigation class  
Water, 1 quart

### **Summer Class Day Trips:**

Items above (helmet may be required, climbing shoes not necessary)  
Ten Essentials (see Table 2-2, page 35, 8<sup>th</sup> Edition)  
Ditty Bag: w/e.g. knife, flashlight, extra batteries, toilet paper, sunblock, Chapstick, bug repellent, Whistle, lighter or waterproof matches, etc.  
Map, or copy with route marked on it  
Bandanna/Handkerchief  
Water bottle(s) - probably need 2 quarts (can use recycled plastic bottles)  
Water treatment (optional, depending on location of the trip)  
Lunch/snacks for the day  
First Aid Kit - moleskin, Band-Aids, Aspirin, etc.  
Parka, for wind/rain, with hood  
Gloves  
Warm hat or balaclava  
Jacket or other insulating layers to go under your parka for warmth

### **Summer Class Overnight Trips:**

Items above  
Ditty Bag: add e.g. toothbrush, comb & soap  
Long Johns, polypro  
Poncho, especially if your parka is not waterproof  
Ground cloth, to go under your insulating pad  
Insulating pad for under your sleeping bag  
Sleeping bag, compressible enough to carry  
Spoon  
Cup, non-breakable  
Bowl, non-breakable (can get by with just a multiuse cup)  
Summit pack, (optional, to be used on summit day)  
Food: enough for trip & a bit extra, items that only require the addition of hot water  
Cook set: stove, fuel and pots, normally group items and shared with your cook pool.  
Bivy bag or tent, tent can be shared, depending on its size