

CLMRG Summer Class Syllabus – 2011

6:30 PM Tuesdays (Presentations) – Kerr McGee Center

5:00 PM Wednesdays (Practical) – meet in parking lot between Ridgecrest Cinema & Pizza Factory

	<u>Topic</u>	<u>Chapter & Pages*</u>
June 14	Introduction / Check-in	
	First Steps	1, 14-17
	Conditioning	4, 73-82
	Wilderness Travel	6 & App A, 111-120 & 563-566
	Knots: Figure 8	9, 141-142
	BREAK	
	Packs & Equipment	2, 30-40
	Clothing	2, 18-30
	Conditioning Hike Preview	
	Conclusion / Next class	
June 15	Conditioning hike, 5 Fingers Thumb (IWV canyon)	
June 21	Mountain Maladies	23, 502-514
	Camping & Bivies	3, 41-58
	Knots: bowline on a coil	9, 142-143
	BREAK	
	Rock Climbing Technique	12, 210-238
	Bouldering Preview	
	Conclusion / Next class	
	Sierra Climbs	
June 22	Bouldering @ Wagon Wheel	
June 28	Navigation	5, 83-110
	Knots: clove hitch/belayer's	9, 143
	BREAK	
	Belaying	10, 155-187
	Belaying/Navigation Preview	
	Conclusion / Next class	
	Rock Climbing Presentation	
June 29	Belaying/Navigation, Wagon Wheel	
July 5	Basic Safety System	9, 134-138 & 147-154
	Snow Travel & Climbing	16, 320-374
	Knots: fisherman/grapevine	9, 140-141
	BREAK	
	Food & Stoves	3, 58-72
	Summer Class Party Prep.	
	Robbers Roost Climbing Preview	
	Conclusion / Next class	
	Winter Climbs	

	<u>Topic</u>	<u>Chapter & Pages*</u>
July 6	Climbing, Robbers Roost	
July 12	Leave no Trace & Access Mountain Weather Knots: review BREAK Rappelling Summer Class Party Prep. Rappelling Preview Conclusion / Next class Day trip planning	7 & 8, 121-131 27, 552-561 9, 138-147 11, 188-207
July 13	Rappelling, Fossil Falls	
July 16/17	Day Trips	
July 19	Safety & Leadership Alpine Rescue Knots: review BREAK Ritter-Banner Pres Summer Class Party Prep. Robbers Roost Climbing Preview Conclusion / Next class Overnight trip planning	21 & 22, 474-494 24, 515-529 9, 138-147
July 20	Climbing, Robbers Roost	
July 23-24	Overnight Trips	
July 26	The CLMRG Final Exam & Critique Check-Off Sheets Conclusion Finalize Class Party plan	
July 27	Climbing & Party, Robbers Roost ****NO ALCOHOL UNTIL CLIMBING IS FINISHED	

*Mountaineering, Freedom of the Hills, eighth edition