



CHINA LAKE MOUNTAIN RESCUE GROUP
P.O. BOX 2037
RIDGECREST
CALIFORNIA
93555

NOVEMBER 1976 #35

CALENDAR

NOVEMBER	13-14	T r a i n i n g	Search Orientation
	20	T r a i n i n g	Sign Cutting Exercise
	23 **	Entertainment **	Kurt Diemberger
DECEMBER	5	Desert Peak Climbing	Argus Pk, Grt Falls
	11-12	Desert Peaks Climbing	Tensor, Dyadic, Spector
	13	Meeting	700-B Nimitz CL
	18	Training	Night Stretcher Practice
JANUARY	2	Desert Peak Climbing	Needle Peak
	8-9	Snowshoe	Langley
	13	Meeting (and ELECTIONS)	513-B Lexington CL

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** ENTERTAINMENT ** LATE WORD !!

On November 23, the renowned mountaineer Kurt Diemberger will be in Ridgecrest to give a slide presentation on his climbing experiences.

An Austrian, Diemberger has made exciting ascents (many of them firsts) around the world. He has climbed the great north faces of the Eiger and the Matterhorn. He was on the summit team which finally conquered Dhaulagiri (26,795 ft) in the Himalayas, after seven previous expeditions had failed.

Diemberger's first 8000-meter mountain was Broad Peak (26,404 ft) which he climbed with the famed Hermann Buhl. A few days later on Chogolisa, Buhl perished as the pair descended that mountain in a storm.

He has an award-winning mountaineering movie to his credit, and is also an accomplished author ("Summits and Secrets") and lecturer.

This show is a must for all local mountaineers, armchair or otherwise.
BURROUGHS HIGH SCHOOL LECTURE CENTER 7:30 p.m. DONATIONS \$2.50/\$1 (under 18).

DEPARTMENT OF MISPRINT AND OMISSION

In the last Talus Pile, the report on Operation #76-17, 21 June: the list of team members involved should have included the names of Garner, Landau, Hirschey and Fletcher. Sorry, guys..

MORE SOCIAL NOTES....Appreciation Party

Several dozen invitations were sent to persons affiliated in some fashion with the CLMRG. The evening of 16 August, we met in the Rockwell's huge, beautiful backyard, with the Sierra Nevada as backdrop.

Hamburgers, salads, fancy desserts, and beer were enjoyed (obviously) by everyone. Rating high among the mountaineer-gourmets were Carol's enhanced hamburger, Debby's oriental salad, and Bonnie's cheesecake. (One of the bachelors brought delicious potato chips).

Carl Heller and his trusty slide-projector gave an illustrated history of CLMRG, touching on operations, practice sessions, and individuals involved since 1959.

THANK YOU,
LOLETTE &
STAN.. AND
ALL
O U R
FRIENDS
AND
DONORS,

PRESENT
AND
PAST!

August 18, 1976

Dear Nice People of Mountain Search & Rescue:-
Stan and I thank all of you for a delightful evening.

Such yummy food in so pleasant a garden, complete with fire pit (which was very welcome), among a lively conversant group of warm people, is a memory to be cherished. Also we always enjoy your slides and the information and progress they show. Stan + I are proud of you.

Stan + I do so very little really - for a group which does so much. I only wish we could not only do more ourselves, but find some way to fire consistent aid and enthusiasm from more of the local public. We sure do keep trying on both counts! Suggestions would be helpful.

Again I'd like to express our pleasure and interest in The Talus Pic. It keeps us stay-at-homes in close contact with you^{as} individuals. We are gladdened to read of your successes and mourn with you in your fail trips. We do read it with empathy.

Thanks again! Most sincerely

Stan & Lolette Dalbec

OPERATIONS (continued)

76-27 Recovery, Mt Abbot, 7 September Lee Lucas

Carl received a call from Mike Elliot, of the Inyo County Sheriff's Posse, about 1 a.m., Tuesday, 7 September. They wanted 4 people to help evacuate a climber from above the glacier on Mt Abbot. Carl passed the call to me. Dianne did the phoning and got Campy, Dave and Terry to go. I called Mike Elliot back at 1:45 to tell him we had 4 people and would meet him in Bishop at 5 a.m. I learned then it was a fatality.

Roberta Ellis of Riverside was climbing Mt Abbot with 2 other women on Sunday, 5 September. Her companions said she was rappelling (perhaps from a lead that didn't "go") when the anchor, a large boulder, came loose plunging her down the east face. The body had come to rest in the chute between Dade and Abbot, about 20 feet above the bergschrund. For some reason Ellis was tied into the rope and it followed her down. Left without a rope or any gear, the two companions picked their way down the standard class 3 route. They bivouacked Sunday night during a snowstorm. On Monday they attempted to climb the glacier to the victim, but were turned back somewhere below the bergschrund. They then went out to report the accident.

We arrived in Bishop at 5:15 a.m. and conferred over breakfast with Bob McCoy, operation leader for the Inyo Posse. In addition to the 5 of us (4 CLMRG and McCoy) there would be Steve Cimmarusti of the Posse on the glacier, and Mike Elliot in base camp, and the White Mountain helo piloted by Mike Donovan..a total of 8. McCoy said 5 more Posse members would back us up if the weather grounded the helo.

McCoy flew up in the helo. The rest of us drove to the Rock Creek roadhead, arriving at 7:15. McCoy spotted the body at 7:30. The helo put us down on the glacier 300 feet below the bergschrund. The evacuation began at 9:30 and the body was at base camp at 10:45. By 11:30 we were all off the mountain. A helicopter really helps!

Operation statistics: CLMRG participants - Lucas, Camphausen, Brown and Moore. In-town coordinator: Dianne Lucas.
Manhours - 66: vehicle miles - 400

COMMENT: We are again reminded to check rappels very carefully

76-28 19 September Alert, 4 stranded hikers, Bishop Creek, Inyo County

76-29 30 Sep-1 Oct Alert, hiker overdue, Mt Whitney, Inyo County

REMEMBER THE KURT DIEMBERGER SHOW ON 23 NOVEMBER

COMMUNICATIONS

What do you do when you're out on a search or rescue - and the nearest telephone is miles away - You use ham radio! Radio amateurs Bob Fletcher and Lloyd Brubaker joined CLMRG as support personnel a year ago to help us with communications. Both men have considerable experience in supplying radio communications for civil emergencies. In this issue Lloyd describes how he and Bob can assist in rescue communications:

Amateur Radio

Lloyd Brubaker

Last January 3 CLMRG members went to Baja California to assist in the recovery of a Mexican youth killed on Picacho del Diablo. One of our coordinators was assigned to keep the families and work supervisors of these members informed. Also, if more personnel were needed, the coordinator would get a second team to go. There were no phone communications, so the ham traffic between base camp at mountain, and mission control in San Diego, was monitored to keep our coordinator posted.

In June CLMRG members went to assist Riverside Mountain Rescue on a search in the mountainous canyons above Palm Springs. A second team was requested and briefed via ham radio, since there were no phones near base camp.

A year ago CLMRG hosted a work shop at Fossil Falls above Little Lake. Half the mountain rescue people in California were there. Again, no phones were nearby. A mobile base was set up at Fossil Falls and coordinated with the China Lake Police. Thus, should a rescue emergency arise, the people at Fossil Falls could be alerted immediately.

Both Bob and Lloyd are amateur radio operators. They have had experience with emergencies and rescue of various kinds. They are members of the Indian Wells Valley Emergency Net which maintains liaison with other emergency nets of the western states.

Whereas the CLMRG field radios are low powered - because they have to be lightweight - they are limited to 1 to 25 miles range depending on terrain. For longer ranges we have in the past depended on the telephone, or did not communicate at all. The ham radio provides a needed long range capability when telephones are not handy.

The ham has a wide range of frequencies to choose from, and has repeater networks available to him. He can call up more power, up to 100 watts, with the related advantages. Also, many of the other rescue teams have amateur radio operators, making coordination between teams away from the field very convenient.

Ham radio is not a panacea for all communications problems which arise in search and rescue. However, small antennas, high frequencies, and low powered sets are a problem that the amateur - if used properly - can ease in some SAR operations.

Editorial fragment: the real reason the Talus Pile is late this issue is that I kept waiting for someone to send in a usable or adaptable cartoon. And not ONE showed up in my Guard Mail. Liz

BREAD ON THE WATERS DEPARTMENT

Bob and Sheila Rockwell were guests of the local chapter of the Society of Technical Communications. After the dinner meeting, Bob described various forms of communication required during a typical rescue operation. Showing the CLMRG copy of "The Thermal Wilderness" intended to inform the STC membership of certain safety aspects. Actually it revealed that the film itself had been damaged at sometime during 50 exposures to the public since May 1975.

An STC member who works with technical films at China Lake offered to repair the damage. The almost-as-good-as-new film is once again in the library in the Safety building (Hussey & Nimitz). "Thermal Wilderness" and "By Nature's Rules" were purchased by funds donated to the CLMRG; both are available on request for public use.

Following is a copy of the list kept inside the Th.Wild. storage container:

May 1975
 This film was purchased by the China Lake
 Mountain Rescue Group. We would appreciate
 you writing your group as given show the film.

Date	Name	Number people	Date	Name	Number people
4/19/75	Cerro Coso - Backpacking Class	35	9-8	Code 4567,	26
5-31	Kearns County SAL Seminars	70	9-17	Murray S.H. Shop class	20
5-6	Code 406 Safety Meeting	73	9-24	Cerro Coso Backpacking class	20
6/20	Code 3511 meeting	10	10-21	Boy Scouts Troop 291	10
6/26	CAMEL Maintenance class	45	11-9	Kem + general Show 5 times - 83 people, (Bad scratch was already on it)	
7/1	50 Blundy Safety mtg		11-18	NMC Code 3523, 3525, 352	
7/1	A. Williams	14	11/23/76	Code 3933	
7/15	Code 70423	29	2/2	Code 18	
7/21	Boy Scout Troop #4	10	2/12-13	Code 4571 - Epcop.C.	
7/22	Dadent Safety	10	3/12	Cerro Coso Backpacking class - 20	
7-29	GROUND STRUCTURES	26	3/17	Code 4531 Safety Mtg.	16 people
7-30	Code 3722	30	3/22	EMT I TRAUMA	27
8-2	FIRE DEPT	12	3/25	Post 824	10
8-8	Service Shop Code 7414	35	4/20	Cerro Coso - winter class	15
8-15	- WATER/STREAM/SWAMP - CODE 70417	18	6/1	ECHO RMG. CODE 355 - 84-	
8/22	RESOURCE MANAGEMENT BR. - CODE 5542	10	6/17	3922	13
8-25	- 4554	9	6-26-76	RCPD, CLPD, CHP - FIRST AID CLASS	15
		12	6-28-76	CHINA LAKE FIRE DIVISION STATION 03 CODE 842	12
8-29	- 4511		6-29-76	Code 535 - 30	
	Mary Chapel		7-29-76	CHINA LAKE FIRE Dept. STA 3	
8-31	Senior High Youth Fellowship	18	9-3-76	CLPD STA. 1	12

OPERATIONS (continued)

76-30 taken from the Rocketeer, 15 October

CLMRG member assists stranded scout

Experience he has gained as a member of the China Lake Mountain Rescue Group since 1971 enabled Don Harris, an NWC employee, to help a local Boy Scout out of a sticky situation last Saturday afternoon at the Great Falls Basin a few miles north of Trona. Don Harris, a mechanical engineer in the Weapons Department's Surface Systems Division, had gone to the Great Falls Basin with his brother, Glenn, who is a Bureau of Land Management ranger assigned to the Ridgecrest Resource Area. The project being undertaken was a cleanup of this outdoor recreation area by volunteer members the Searles Valley Gem and Mineral Society, members of the four-wheel drive clubs, Boy Scouts and other ecology-minded groups and individuals. The day's cleanup activity had about come to an end when it was learned that Mark Barsaloux, 16-year-old son of Mr. and Mrs. Robert Barsaloux of China Lake, was exploring a bit and had become stranded on a ledge about 100 ft. from the bottom of the rocky waterfall. The local youth ran into difficulty when he slid down an old water pipe and then found it impossible to go either any farther up or down without help. Assistance was summoned by two other boys, Kevin and Kurt Reese, 14-year-old twin brothers from Ridgecrest, while another local youth, Karl Nicholson, who had not followed Barsaloux down the pipe, remained nearby to direct the rescue party to the exact location where its help was needed. Don Harris rappelled down the east side of the Great Falls Basin, starting at the top, while his brother, Glenn, was joined by Kevin Reese and young Nicholson in descending the west side of the rocky waterfall with ropes and other paraphernalia that eventually was used to get them all to the bottom safely. The CLMRG member rigged up a seat sling, hooked a rope onto it and fashioned a braking system for the rope. From that point on, it was a matter of gradually (one at a time) lowering not only Barsaloux but all of the others on the rocky ridge to the bottom — a time-consuming task that took more than two hours.

BIT AND PIECES

Aerobic Points on B Mountain II

Carl Heller

Some of us use Cooper's aerobic training charts to evaluate our exercise. For longer distances on B Mountain * the point spacings are far apart, and one gets the same number of points over a wide range of exertion. For B Mountain in particular, I have smoothed out Cooper's curves with a one-point matrix.

For example: going up the trail with 15 kg is aerobically equivalent to running 4 miles. My table for this reads:

Time	26:00	27:12	28:36	30:12	32:00	34:06	36:06
Points	23	22	21	20	19	18	

By increasing one's exertion only a little, one gets more points which can add a little incentive to the weary job of keeping in shape. I am willing to describe more about the curve-smoothing to anyone interested.

** B Mountain is the local jungle gym for CLMRG...

NEXT ISSUE Watch for the story of the backpacker who fell 1,000 ft, and was dismissed from the hospital before the rescue team could come in to check on his condition!

TALUS PILE

Manhours: 8 Typewriter: 5

Aerobically,
Your Editor Liz Anderson 15 Nov 76